

# Join the CIRCUS

## CLASSROOM GUIDANCE LESSON

 We Have Goals!



# Classroom Guidance Lesson 2: We Have Goals

## OBJECTIVE:

- Student will identify one goal he/she has for this school year

## OUTLINE:

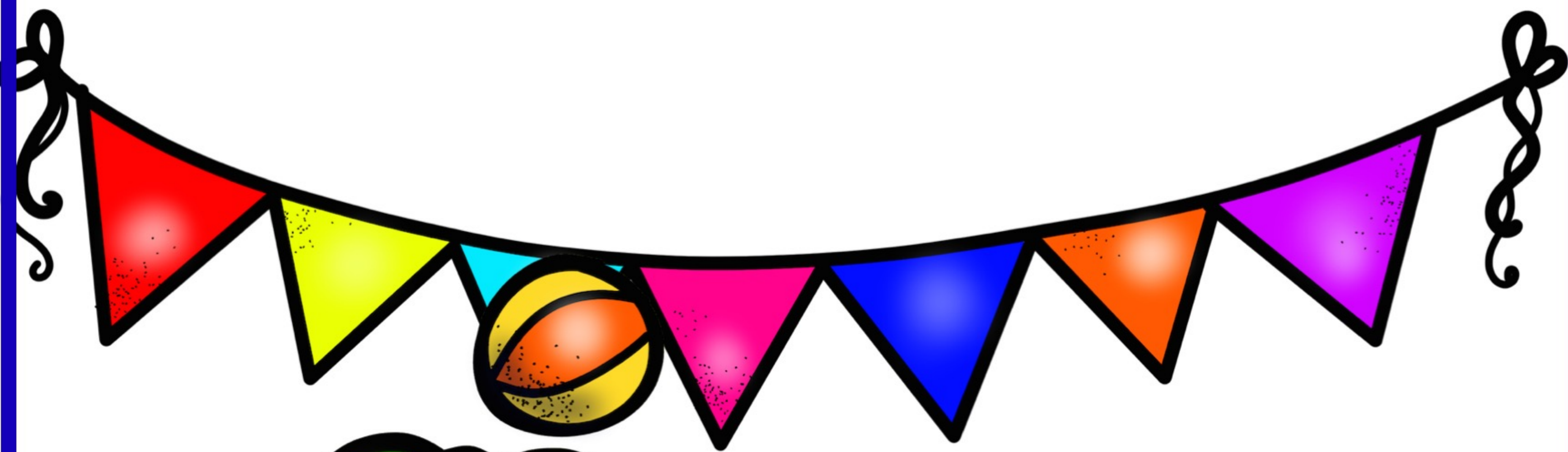
- Welcome: School counselor will re-introduce self to class and explain that today we'll be reading a story about another one of our friends at Circus School!
- Read: SC reads *Calvin Clown's Goal* story.
- Review:
  - What is a goal? (something you want to achieve)
  - What was Calvin Clown's goal? (learning to juggle)
  - Did he achieve it right away? (no)
  - How did Calvin Clown feel when juggling was hard? (frustrated)
  - What helped Calvin Clown achieve his goal? (starting small with 2 balls and then gradually adding more, working hard, never giving up)
  - How did Calvin Clown feel when he achieved his goal? (proud)
  - How does it feel when you work hard at something?
- Discuss: "It is important to have goals! When we set goals for ourselves, we have something to work toward and it motivates us to do better. Sometimes it gets hard, but when we don't give up and we keep on trying and working hard, it feels so much better when we achieve it because we know that we can do hard things!"
- Activity: Students will draw pictures of goals they have for themselves for the school year. If able, students may write the goal on the line or SC may circulate as students draw and write goals on lines for students as they identify.
- Share: Students share the goals they identified.
- Wrap-up: Thank students for sharing their goals today. "I am so proud of the goals you have! I know that with hard work and a never-give-up attitude, you can achieve them! I can't wait to celebrate with you when you do achieve your goals!"

## MATERIALS:

- *Calvin Clown's Goal* story
- Goal handouts
- Writing utensils
- Coloring utensils
- Objective assessment checklist

## ASCA STANDARDS ALIGNMENT:

- Mindsets: Belief in using abilities to their fullest to achieve high-quality results and outcomes
- Behavior: Learning Strategies: **Identify long- and short-term academic, career, and social/emotional goals**



# Calvin CLOWN'S GOAL

By Keri Powers-Pye



Calvin Clown *loved* Circus School! There was so much to try and learn!



The thing Calvin Clown wanted to learn more than anything was how to juggle.



A few weeks ago, Calvin Clown saw a seal juggling and he knew that he had to learn!



There was one problem: juggling was  
*very hard.*



The first time Calvin Clown tried to juggle, it was a disaster! All of the balls were on the floor before he could say, "Ringmaster!"





He tried and tried, and still the balls did not stay in the air! Calvin Clown began to feel discouraged.



But then, Calvin Clown had an idea!  
What if he started with only 2 balls?



Wow! Calvin Clown was able to juggle only 2 balls without dropping them! He felt so proud!



Once he felt comfortable juggling 2 balls, he thought he would try 3!



Juggling 3 balls was a little bit harder,  
and he didn't get it right the first  
time... or the second.



But Calvin Clown kept trying! And sooner or later, he was able to juggle 3 balls without dropping any!



Calvin Clown thought to himself, "Wow! I *can* do hard things! I bet if I keep trying and don't give up, I can juggle *four* balls!"



So he tried. And he tried. And he tried.  
And it was hard! But Calvin Clown didn't  
give up!





Even when he felt frustrated, Calvin  
Clown kept trying. And suddenly...  
there were 4 balls in the air!



Calvin Clown set a goal for himself, and it wasn't easy. Sometimes he felt frustrated, but he didn't give up!



Before he knew it, Calvin Clown was the best juggler in the whole circus! He felt so proud of what he achieved!



Name:

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This is a picture of me accomplishing my goal:

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A note from  
COUNSELOR *Keri*



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*Happy counseling!*

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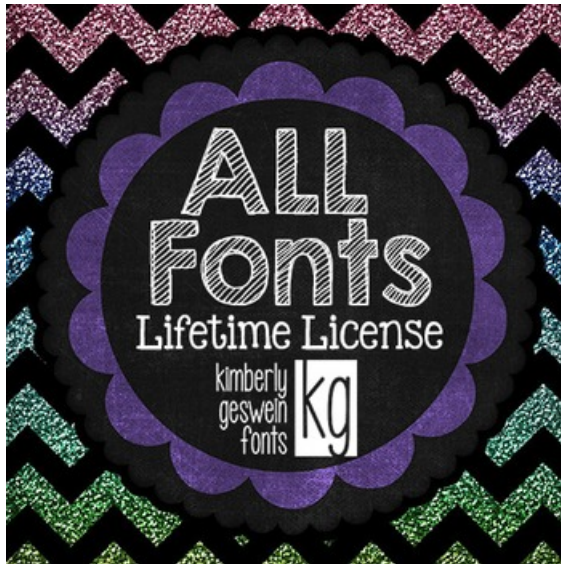


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